

Rule for Individual Forms Competition

- 1) Competitors will perform form/patterns facing the Judges. Either one or two at a time. (This will be determine by number of competitors in that division)
- 2) Judges shall be seated in a row in front of competitors, Score Cards will be use.
- 3) Points shall be awarded on a scale of 7.0 to 10.0 in tenth of point (.1) increments, 7.0 being the lowest score awarded for a completed pattern. 8.0 shall be the score awarded by an Official for what that Official deems to be an average performance for that age and rank division in which the player competes.
- 4) Judges shall display the score of each competitor.
- 5) The Total scores will be added up, In the case of a tie of two, both competitors will perform forms/patterns again simultaneously. Judges shall display their vote of the two. Each judge may vote only for one of the two. The competitor with the most votes win the tie breaking match.
- 6) Anyone under Black Belt may begin a pattern a second time with a two-tenths (.2) deduction from the total score (not each individual Judge's score).

Merits

Merit will be awarded on the basis of beauty, grace, rhythm, focus, power, and technique.

Uniform Requirements

- 1) All contestants must wear a clean Uniform. Athletes are allowed to wear their school uniforms. Uniforms may have school patches. (Note: In the event the athlete's uniform becomes bloody, he/she may be required to change it).
- 2) Black trim on the collar/lapel of a white dobok is allowed for black belts only.
- 3) Team name and school logo (non-offensive) are allowed on the back of the dobok top.
- 4) Athletes may wear a t-shirt underneath the dobok.
- 5) No Jewelry. Inappropriate or unsafe uniforms will not be allowed. Uniform jacket may not be tucked into the pants.
- 6). All competitors must wear a belt appropriate to their rank with the knot of the belt in the front.
- 7) Junior black belts (15 years of age and younger) are permitted to wear "Poom belts" (half-red, half-black) as well as "Poom collars". All others must wear a solid Black Belt. Embroidery on belts is acceptable.

Recognized Forms/Patterns

The official Forms/Patterns accepted for this competition shall be:

Divisions	ITF	WTF	TSD/MDK
Novice White, Yellow Orange	Chon-Ji Dan-Gun Do-San	Pal Gwe 1-2 Taeguek 1-2	Ki-Cho (KiBon) 1-3 Pyung-An/Pinan 1 Basic Form 1-3
Intermediate Green, Purple Blue	Won-Hyo Yul Gok Joong-Gun Toi-Gye	Pal Gwe 2-6 Taeguek 2-6	Ki-Cho (Ki Bon) 3 Pyung-An/Pinan 1-4
Advanced Red, Brown	Hwa-Rang Choong-Moo	Pal Gwe 6-8 Taeguek 6-8	Pyung-An/Pinan 4-5 Passaai (Bassai)
1st Dan	Kwang-Gae Po-Eun Ge-Baek	Koryo	Jin Do Jit-Te
2nd Dan	Eui-Am Choon-Jang Ko-Dang Juche	Keumgang	Ro-Hai
3rd Dan	Sam-Il Yoo-Sin Choi-Yong	Taebaek	Kong San Kun
4th Dan	Yon-Gae Ul-Ji Moon-Moo	Pyongwon	Wan Shu